FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)		_								
1. Name and Address of Reporting LEWIS JOHN R	2. Issuer Name CAPITAL CI					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) 217 NORTH MONROE STR	3. Date of Earliest Transaction (Month/Day/Year) 08/10/2004						Officer (give title below)	Other (speci		
(Street) TALLAHASSEE, FL 33201	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
(Instr. 3) Date (Month/Day/Year) a		2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	` /	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	08/10/2004		P		1,000	A	\$ 37.09	3,500	I	John R. Lewis Retirement Paln
Common Stock	08/10/2004		P		100	A	\$ 37.20	3,600	I	John R. Lewis Retirement Plan
Common Stock	08/10/2004		P		100	A	\$ 37.09	3,700	I	John R. Lewis Retirement Plan
Common Stock	08/10/2004		P		100	A	\$ 37.10	3,800	I	John R. Lewis Retirement Plan
Common Stock	08/10/2004		P		100	A	\$ 37.14	3,900	I	John R. Lewis Retirement Plan
Common Stock	08/10/2004		P		100	A	\$ 37.19	4,000	I	John R. Lewis Retirement Plan
Common Stock	08/10/2004		P		1,000	A	\$ 37.50	5,000	I	John R. Lewis Retirement Plan
Common Stock								10,610	D	
Reminder: Report on a separate line	for each class of secu	rities beneficially o	wned direc	Per	rsons wl ntained i	no res	form a	the collection of informatio re not required to respond u ently valid OMB control num	nless	EC 1474 (9-02)

Der	curity str. 3)	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		5. Numb of Deriv Secur Acqu (A) o Dispo of (D) (Instr 4, and	rative rities ired rosed) . 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		Amount of Underlying		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)
					Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
LEWIS JOHN R 217 NORTH MONROE STREET TALLAHASSEE, FL 33201	X							

Signatures

John R. Lewis	08/10/2004
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.