UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): July 24, 2019



(Exact name of registrant as specified in its charter)

Florida	0-13358	59-2273542
(State of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)
217 North Monroe Street, Tallahassee, Florida		32301
(Address of principal executive offices)		(Zip Code)

Registrant's telephone number, including area code: (850) 402-7821

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, Par value \$0.01	CCBG	Nasdaq Stock Market, LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company □

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

CAPITAL CITY BANK GROUP, INC.

FORM 8-K CURRENT REPORT

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers

(d)

On July 24, 2019, the Board of Directors (the "Board") of Capital City Bank Group, Inc. (the "Registrant") appointed Robert Antoine as an independent director. Mr. Antoine will serve on the Board as a Class III director with a term expiring at the Registrant's annual meeting of shareowners in 2021. In connection with Mr. Antoine's appointment to the Board, the Board increased the size of the Board from 11 to 12 directors. Following Mr. Antoine's appointment, there were no vacancies on the Board. There is no arrangement or understanding between Mr. Antoine and any other person pursuant to which Mr. Antoine was appointed to the Board. The Board expects to appoint Mr. Antoine to serve on its Compensation Committee. Mr. Antoine is not a party to any transaction that would be required to be disclosed under Section 404(a) of Regulation S-K.

Item 7.01 Regulation FD

On July 29, 2019, the Registrant issued a press release announcing that its Board of Directors appointed Robert Antoine as an independent director. A copy of the press release is attached as Exhibit 99.1 to this Current Report and is incorporated by reference herein.

The information furnished under Item 7.01 of this Current Report shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, except as shall be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits. The exhibits listed in the exhibit index are furnished pursuant to Regulation FD as part of this Current Report on Form 8-K and shall not be deemed filed for purposes of Section 18 of the Securities and Exchange Act of 1934.

Item No.	Description of Exhibit

99.1 Press Release, dated July 29, 2019.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CAPITAL CITY BANK GROUP, INC.

Date: July 29, 2019

By: <u>/s/ J.Kimbrough Davis</u> J. Kimbrough Davis Chief Financial Officer

Exhibit Number	Description
<u>99.1</u>	Press Release, dated July 29, 2019.



Corporate Headquarters 217 North Monroe Street Tallahassee, FL 32301



For Information, Contact: Brooke Hallock Hallock.brooke@ccbg.com 850 402 8525

Capital City Bank Group Board of Directors Announces New Member

TALLAHASSEE, Fla., July 29, 2019 - Capital City Bank Group announces Robert Antoine has joined its board of directors.

Until his retirement from Deloitte & Touche LLP in May 2019, Antoine was a partner in the firm's Banking and Securities practice for more than 21 years. During his tenure, he advised clients on a broad range of issues affecting corporate governance, internal controls, information security and regulatory compliance. Prior to Deloitte & Touche, Robert held a number of executive positions in internal audit and financial management.

"The expertise Robert brings will be of immeasurable value to the Capital City Bank Group board," said William G. Smith Jr., chairman, president and CEO. "He regularly provides guidance on an array of issues financial institutions face today, from regulatory concerns to risk, and I am confident Robert's contributions will complement, strengthen and enhance our existing board.'

Robert is a Certified Internal Auditor and a Certified Public Accountant in Florida. He earned his Accounting degree from the University of West Florida in Pensacola and a Master of Business Administration from Western New England College in Springfield, Ma. He is a member of the National Association of Corporate Directors, the American and Florida Institutes of Certified Public Accountants, the Financial Executives Institute, the Institute of Internal Auditors and the National Association of Black Accountants.

About Capital City Bank Group, Inc.

Capital City Bank Group, Inc. (Nasdaq:CCBG) is one of the largest publicly traded financial holding companies headquartered in Florida and has approximately \$3 billion in assets. We provide a full range of banking services, including traditional deposit and credit services, mortgage banking, asset management, trust, merchant services, bankcards, data processing and securities brokerage services. Our bank subsidiary, Capital City Bank, was founded in 1895 and now has 57 banking offices and 81 ATMs in Florida, Georgia and Alabama. For more information about Capital City Bank Group, Inc., visit www.ccbg.com.

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