FORM 4	4
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(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Respons													
1. Name and Address of Reporting Person [*] BARRON THOMAS A			2. Issuer Name CAPITAL CI [CCBG]			0	•	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <u>X</u> _Director10% Owner X_Officer (give title below)Other (specify below) Treasurer					
(Last) P.O. BOX 900	(First)	(Middle)	3. Date of Earlie 03/15/2019	3. Date of Earliest Transaction (Month/Day/Year) 03/15/2019					Trease	rer			
(Street) TALLAHASSEE, FL 32302			4. If Amendmen	t, Date Or	igina	l Filed(Mor	nth/Day/	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	1	Fable I - N	lon-I	Derivative	e Secu	rities Acq	uired, Disposed of, or Beneficia	lired, Disposed of, or Beneficially Owned			
(Instr. 3)			Execution Date, if	Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	Amount	(A) or (D)	Price		(I) (Instr. 4)			
Common Stock		03/15/2019		S		5,000	D	\$ 23.528 (1)	130,237	D			
Common Stock									516	Ι	401(k) Plan		
Common Stock									28,906	Ι	Wife-Jane		
Common Stock									5,000	I	Trustee- Elizabeth		
Common Stock									4,500	Ι	Trustee- Rebecca		
Common Stock									4,000	Ι	Trustee Anne		
Common Stock									2,000	I	Trustee- Ellen Mettler Moosehea Ranch Trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(e.g., puts, cans, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.			6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	n N	lumbe	er	and Expirati	on Date	Amount of		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	0	f		(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	D	eriva	tive			Secur	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				S	ecurit	ties			(Instr	: 3 and		Owned	Security:	(Instr. 4)
	Security				А	cquir	ed			4)			Following	Direct (D)	
					(/	A) or							Reported	or Indirect	
						ispos							Transaction(s)	(I)	
						f (D)							(Instr. 4)	(Instr. 4)	
					· ·	nstr.	· · ·								
					4,	, and	5)								
											Amount				
								Date	Expiration		or				
								Exercisable		Title	Number				
								Excicisable	Date		of				
				Code V	/ (.	A) ((D)				Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
BARRON THOMAS A P.O. BOX 900 TALLAHASSEE, FL 32302	Х		Treasurer					

Signatures

/s/ Thomas A. Barron	03/18/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$23.50 to \$23.76. The reporting person undertake (1) to provide to Capital City Bank Group, Inc. ("CCBG"), any security holder of CCBG, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.