FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SAMPLE JOHN G JR					<u>CA</u>	2. Issuer Name and Ticker or Trading Symbol CAPITAL CITY BANK GROUP INC [ CCBG ]									5. Relationship of Reporting Person(s) to Issuer Check all applicable)  X Director 10% Ov				vner
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 02/23/2023									Officer (g below)	jive title		Other (s below)	Other (specify below)	
3431 CEDAR HAMMOCK VIEW CT				4. If Amendment, Date of Original Filed (Month/Day/Year)							- 1	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person							
(Street) FORT MYERS	s FL	33	905											X		•	•	ing Person One Reportin	g Person
(City)	(State)	(Zi <sub>l</sub>	p)																
		Та	ble I - Noi	n-Der	ivativ	e Se	curitie	s Acq	uired, [	Disp	osed of,	or I	Benefi	cially Ow	/ned				
Date				ansaction 2A. Deemed Execution Date, if any (Month/Day/Year)		Execution Date, if any				ties Acquired (A) or I Of (D) (Instr. 3, 4 ar			Securities Beneficially Following	Securities Beneficially Owned		nership : Direct (D) direct (I) : 4)	7. Nature of Indirect Beneficial Ownership		
						Code	v	Amount (A) or (D)		Price			(Instr. 4)						
Common Stock 02/2					/23/2023				A		884(1)		A	\$0.00	24,3	,305		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/	ate,	4. Transaci Code (In 8)				6. Date Exercisals Expiration Date (Month/Day/Year)		te	Securities Underl Derivative Securi (Instr. 3 and 4)		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code V		(A)	(D)	Date Exercisa		Expiration Date	Title	.	or Number of Shares					

## Explanation of Responses:

1. Represents restricted shares of Capital City Bank Group, Inc. common stock granted to the reporting person under the 2021 Associate Incentive Plan, which will vest on December 31, 2023, subject to the terms of the reporting person's Restricted Stock Award Agreement.

## Remarks:

/s/ John G. Sample, Jr.

02/27/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.