FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Responses)

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address BARRON THOM	2. Issuer Name <b>a</b> CAPITAL CIT [CCBG]			0,		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director10% Owner _X_ Officer (give title below)Other (specify below)						
(Last)	(First)	3. Date of Earliest 07/07/2003	st Transaction (Month/Day/Year)					Treasurer				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	Та	ble I - Nor	n-Der	ivative Se	ecurities	s Acqu	ired, Disposed of, or Beneficially	Owned				
1.Title of Security (Instr. 3)			2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		(A) or Disposed of (D)		of (D)	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	Numl	Number and Expiration Date A		Amount of		Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code		of	(Month/Day/Year) U		Underlying S		Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv	ative	· · ·		Securities		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Secur				(Instr. 3 and			Owned	Security:	(Instr. 4)
	Security					Acqu	ired			4)			Following	Direct (D)	
						(A) 0						Reported	or Indirect		
						Disposed							Transaction(s)	(I)	
						of (D	)						(Instr. 4)	(Instr. 4)	
						(Instr	. 3,								
						4, and	15)								
											Amount				
								D.	<b>.</b>		or				
								Date Expiration Exercisable Date		Title	Number				
											of				
				Code	V	(A)	(D)				Shares				

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
BARRON THOMAS A								
	Х		Treasurer					
,								

## Signatures

Robert H. Smith as Attorney in Fact	07/17/2003
-*Signature of Reporting Person	Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are adjusted for the 5 for 4 stock split in the form of a stock dividend effective June 13, 2003.
- (2) These shares of common stock were purchased in 2003 pursuant to the Company's 1995 Associate Stock Purchase Plan and were exempt from the reporting and short-swing profit liability requirements of Section 16 pursuant to Rule 16b-3(c) promulgated thereunder.

Mr. Barron also indirectly holds the following shares of common stock: 23,125 shares owned by Mr. Barron's wife, of which he disclaims beneficial ownership; 12,500

(3) shares held in a trust for his daughter Elizabeth under which Mr. Barron serves as trustee; 16,250 shares held in a trust for his daughter Rebecca under which Mr. Barron serves as trustee; 16,927 shares held in a trust for his daughter Anne under which Mr. Barron serves as trustee; 8,750 shares held in a trust for his mother under which Mr. Barron serves as trustee; 3,409.977 shares held by his 401(k) Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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