

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * HUMPHRESS JOHN KENT (Last) (First) (Middle)	2. Issuer Name and Ticker or Trading Symbol CAPITAL CITY BANK GROUP INC [ccbg]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner Officer (give title below) Other (specify below)
KRAUES HAMPHRESS PACE & WADSWORTH, 1040 EAST PARK AVE (Street)	3. Date of Earliest Transaction (Month/Day/Year) 08/08/2003	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
TALLAHASSEE, FL 33201 (City) (State) (Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned	

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Coomon Stock	08/08/2003		S		600	D	\$ 36.78	96,112 (1)	I	Humphress Family Limited Partnership
Common Stock	08/08/2003		S		100	D	\$ 36.82	96,012 (1)	I	Humphress Family Limited Partnership
Common Stock	08/08/2003		S		200	D	\$ 36.81	95,812 (1)	I	Humphress Family Limited Partnership
Common Stock	08/08/2003		S		700	D	\$ 36.16	95,112 (1)	I	Humphress Family Limited Partnership
Common Stock	08/08/2003		S		700	D	\$ 36.16	94,412 (1)	I	Humphress Family Limited Partnership
Common Stock	08/08/2003		S		1,300	D	\$ 36.16	93,112 (1)	I	Humphress Family Limited Partnership
Common Stock	08/08/2003		S		800	A	\$ 36.3125	92,312 (1)	I	Humphress Family Limited Partnership
Common Stock								26,786 (1)	D	
Common Stock								1,313 (1)	I	Custodian for daughter - Amanda
Common Stock								1,313 (1)	I	Custodian for daughter - Laura Ann
Common Stock								3,550 (1)	D	
Common Stock								17,319.438 (1) (2)	I	By 401(k) Plan
Common Stock								1,125 (1) (3)	I	Spouse
Common Stock								253 (1)	I	JKH - IRA
Common Stock								253 (1)	I	Spouse - IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
HUMPHRESS JOHN KENT KRAUES HAMPHRESS PACE & WADSWORTH 1040 EAST PARK AVE TALLAHASSEE, FL 33201	X			

Signatures

John K. Humphress	08/11/2003
<small>**Signature of Reporting Person</small>	<small>Date</small>

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) (1) These shares are adjusted for the 3 for 2 stock split effective June 1, 1998 and the 5 for 4 stock split effective June 13, 2003.
- (2) (2) Includes 171.301, 258.553, 342.88, 339.966, 267.075, and 135.149 shares of common stock that were purchased in 1998, 1999, 2000, 2001, 2002 and 2003 respectively under the Company's 1996 Dividend Reinvestment Pland and were exempt from the reprotng and short-swing profit liability provisions of Section 16 pursuant to Rule 16a-11 promulgated thereunder.
- (3) (3) The rportng person disclaims beneficial ownership of these shares and this report shall not be deemed an admission that the reporting person is the beneficial owner of such shares for the purposes of Section 16 or any other purposes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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