FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Responses)

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> – BARRON THOMAS A			2. Issuer Name <b>a</b> CAPITAL CIT [CCBG]			0,		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title below) Other (specify below)				
(Last) PO BOX 900	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 02/15/2005						Treasure	<u>r</u>		
(Street) TALLAHASSEE, FL 32302			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqui						ired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)				d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership	
			(Monui/Day/Tear)	Code	v	Amount	(A) or (D)	Price	(instr. 5 and 4)	or Indirect (D) or Indirect (I) (Instr. 4)	(Instr. 4)	
Common Stock		12/31/2004		A <sup>(1)</sup>		168	А	\$0	182,041	D		
Common Stock		01/28/2005		А		435 <u>(1)</u> (2)	А	\$0	182,308	D		
Common Stock		02/15/2005		S		2,000	А	\$ 40.40	8,500	Ι	Trustee For Elizabeth	
Common Stock		02/16/2005		S		2,000	A	\$ 40.55	12,250	Ι	Trustee for Rebecca	
Common Stock									16,927	Ι	Trustee for Anne	
Common Stock									8,750	I	Trustee for Z. P. Barron Trust	
Common Stock									23,125 (3)	Ι	Spouse	
Common Stock									3,828.379 <del>(4)</del>	Ι	By 401(k) Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1474 (9-02) Persons who respond to the collection of information

contained in this form are not required to respond unless the form displays a currently valid OMB control number.

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	0 [] S (. [] 0 (.]		er tive ties red ed 3,	and Expiration Date (Month/Day/Year)		and Expiration Date		Amou Unde Secur	unt of rlying	Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial
				Code	V (	(A)		Exercisable	Expiration Date	Title	Amount or Number of Shares						

### **Reporting Owners**

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
BARRON THOMAS A PO BOX 900 TALLAHASSEE, FL 32302	Х		Treasurer						

## Signatures

Thomas A. Barron	02/17/2005
***Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction is exempt from Section 16 reporting and is being voluntatarily reported by the reporting person.
- (2) These shares were issued under a performing share award granted under the 1996 Aoosiciate Incentive Plan of Capital City Bank Group, Inc. ("The Company") in a transaction exempt from the short-swing profit liability of Section 16 pursuant to Rule 16b-33(d) promuglated thereunder.
- (3) The reporting person disclaims beneficial ownership of the securities and this report shall not be deemed an admission that the reporting person is beneficial owner of such surities for purpose of Section 16 or for any other purposes.
- (4) Includes 34.7181 shares of common stock that were purchased under the Company's 1997 401(k) Profit Sharing Plan and were exempt from the reporting and short swing provisions of Section 16 pursuant to Rule 16b-3(c) promuglgated thereunder.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.