<b>FORM</b>	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Responses)

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)	- *							5. Relationship of Reporting Per	aan(a) ta Iaay		
1. Name and Address of Reporting DAVIS J KIMBROUGH	2. Issuer Name a CAPITAL CI [CCBG]					(Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below)					
(Last) (First) 217 NORTH MONROE ST	3. Date of Earliest Transaction (Month/Day/Year) 05/01/2006						Ex. Vice President and CFO				
(Street)	1	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
TALLAHASSEE, FL 3230 (City) (State)	I (Zip)	T	able I - No	n-De	erivative S	Securit	ies Acaı	lired, Disposed of, or Beneficial	v Owned		
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	2A. Deemed Execution Date, if any	3. Transac Code (Instr. 8)		1	ties Ac isposed	equired l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. 7. Ownership Ir Form: B	Beneficial Ownership	
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)			
Common Stock	05/01/2006		Р		2,069	А	\$ 32.03	3,409.5116 <sup>(1)</sup>	Ι	Held by 401(k) Plan	
Common Stock								31,028.293 (2)	D		
Common Stock								5,488	Ι	Wife's IRA	
Common Stock								19,801.392 <sup>(3)</sup>	Ι	Held Jointly with wife	
Common Stock								372.903 <del>(4)</del>	Ι	Custodian - Allison	
Common Stock								372.903 (5)	Ι	Custodian - Amanda	
Common Stock								372.903 <u>(6)</u>	Ι	Custodian - John	
Common Stock								372.903 (7)	Ι	Custodian - Andrew	
Common Stock								7.758 <u>(8)</u>	Ι	Wife - Connie	
Common Stock								5,075	Ι	JKD - IRA	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts calls warrants ontions convertible securities)

			(	suis, cans, m	arrants, op	tions, convertible secur	itics)				
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.	6. Date Exercisable	7. Title and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	Number	and Expiration Date	Amount of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	of	(Month/Day/Year)	Underlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative		Securities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				Securities		(Instr. 3 and		Owned	Security:	(Instr. 4)
	Security				Acquired		4)		Following	Direct (D)	
					(A) or				Reported	or Indirect	
					Disposed				Transaction(s)	(I)	
					of (D)				(Instr. 4)	(Instr. 4)	
					(Instr. 3,						
					4, and 5)						

						Date Exercisable	Expiration Date	Title	Amount or Number of		
		Code	v	(A)	(D)				Shares		

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
DAVIS J KIMBROUGH 217 NORTH MONROE STREET TALLAHASSEE, FL 32301			Ex. Vice President and CFO					

## Signatures

J. Kimbrough Davis	05/03/2006
Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares include 150.748 shares of common stock acquired during the fiscal year 2006 pursuant to the Company's 1196 Dividend Reinvestment Plan. These share were exempt from the reporting and short-swing liability provisions of Section 16 pursuant to Rule 16a-11 promulgated thereunder.
- (2) These shares include 150.748 shares of common stock acquired during the fiscal year 2006 pursuant to the Company's 1996 Dividend Reinvestment Plan. These shares were exempt from the reporting and short-swing liability provisions of Section 16 pursuant to Rule 16a-11 promulgated thereunder.
- (3) Includes 91.121 shares of common stock acquired during the fiscal year 2006 under the Company's 1996 Dividend Reinvestment Plan. These acquisitions were exempt from the reporting and short-swing liability provisions of Section 16 pursuant to Rule 16a-11 promulgated thereunder.
- (4) Includes 1.716 shares of common stock acquired during the fiscal year 2006 under the Company's 1996 Dividend Reinvestment Plan. These acquisitions were exempt from the reporting and short-swing liability provisions of Section 16 pursuant to Rule 16a-11 promulgated thereunder.
- (5) Includes 1.716 shares of common stock acquired during the fiscal year 2006 under the Company's 1996 Dividend Reinvestment Plan. These acquisitions were exempt from the reporting and short-swing liability provisions of Section 16 pursuant Rule 16a-11 promulgated thereunder.
- (6) Includes 1.716 shares of common stock acquired during the fiscal year 2006 under the Company's 1996 Dividend Reinvestment Plan. These acquisitions were exempt from the reporting and short-swing liability provisions of Section 16 pursuant to Rule 16a-11 promulgated thereunder.
- (7) Includes 1.716 shares of common stock acquired during the fiscal year 2006 under the Company's 1996 Dividend Reinvestment Plan. These acquisitions were exempt from the reporting and short-swing liability provisions of Section 16 pursuant to Rule 16a-11 promulgated thereunder.
- (8) Includes .036 shares of common stock acquired during the fiscal year 2006 under the Company's 1996 Dividend Reinvestment Plan. These acquisitions were exempt from the reporting and short-swing liability provisions of Section 16 pursuant to Rule 16a-11 promulgated thereunder.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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