FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Responses)

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting BARRON THOMAS A	2. Issuer Name CAPITAL CI [CCBG]			0,		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <u>X</u> _Director10% Owner X_Officer (give title below)Other (specify below) Treasurer				
(Last) (First) P.O. BOX 900	(Middle)	3. Date of Earlies 09/11/2015	3. Date of Earliest Transaction (Month/Day/Year) 09/11/2015					liteas	urer	
(Street) TALLAHASSEE, FL 3230	4. If Amendment	, Date Orig	ginal	Filed(Mont	th/Day/Y	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)	1	able I - No	on-D	erivative	Securi	ties Acq	uired, Disposed of, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	tr. 3) Date Execution Date, if Code (A) o		4. Securi (A) or D (Instr. 3,	isposed 4 and 3	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	09/11/2015		S		2,072	D	\$15	117,260	D	
Common Stock	09/14/2015		S		702	D	\$ 15.02	116,558	D	
Common Stock								512.762	Ι	401(k)Plan
Common Stock								28,906	Ι	Wife-Jane
Common Stock								5,000	Ι	Trustee- Elizabeth
Common Stock								4,500	Ι	Trustee- Rebecca
Common Stock								4,000	Ι	Trustee- Anne
Common Stock								2,000	I	Trust-Eller Mettler Moosehead Ranch Trust

 Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
 Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.
 SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(e.g., puts, cans, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transacti	ion	Num	Number and Expiration D		on Date	Amount of		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		of	(Month/Day/Year)		Unde	rlying	Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv	ivative		Securities (In		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					Secur	rities			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security					Acqu	ired			4)			Following	Direct (D)	
						(A) o	r						Reported	or Indirect	
						Dispo	osed						Transaction(s)	(I)	
						of (D	)						(Instr. 4)	(Instr. 4)	
						(Instr	. 3,								
						4, and	15)								
											Amount				
								<b>D</b> .	<b>T</b> • .•		or				
									Expiration		Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				

## **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
BARRON THOMAS A P.O. BOX 900 TALLAHASSEE, FL 32302	Х		Treasurer				

# Signatures

/s/Thomas A. Barron	09/15/2015
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.