FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* BENSE ALLAN G				C	2. Issuer Name and Ticker or Trading Symbol CAPITAL CITY BANK GROUP INC [CCBG]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 1405 W. BEACH DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 05/19/2017												
(Street) PANAMA CITY, FL 32401				4	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City	-	(State)	(Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							Owned					
1.Title of Security (Instr. 3)		Date (Month/Day/Year)		2A. Deemed Execution Date, any (Month/Day/Ye		(Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)		of (D)	D) Beneficially Owned F Reported Transaction		Following (s) F	Ownership of B	. Nature f Indirect Beneficial Ownership		
				(P	vionin/Day/	r ear)		ode	V	Amoun	(A) or (D)	(Instr. 3 and 4)			()	(Instr. 4)	
Common	Stock		05/19/201	17]	P	3	3,571	A	\$ 18.2	47,883			D	
			Tal		erivative Se			t quire	the foi d, Disp	rm dis	splays a of, or Ben	currei ieficial	ntly valid	OMB con	spond unle trol numbe		
1. Title of Derivative Security (Instr. 3)		3. Transactio Date (Month/Day/	Year) Execu	3A. Deemed Execution Date, if		4. Transaction Code ear) (Instr. 8)		5. Number		and Expiration Date (Month/Day/Year)		7. Ti Amo Und Secu	itle and ount of erlying urities tr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownershi Form of Derivative Security: Direct (D) or Indirect	(Instr. 4)
					Code	V	(A)		Date Exerci	isable	Expiratio Date	n Title	Amount or Number of Shares				

Reporting Owners

D (O N (Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
BENSE ALLAN G							
1405 W. BEACH DRIVE PANAMA CITY, FL 32401	X						

Signatures

/s/ Allan G. Bense	05/22/2017
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.