FORM 4	4
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(Print or Type Responses)

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Respons		*	T							( ) , <b>T</b>			
1. Name and Address of Reporting Person <sup>*</sup> BARRON THOMAS A			2. Issuer Name CAPITAL CI' [CCBG]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <u>X</u> _Director <u>X</u> _Officer (give title below) <u>Treasurer</u>					
(Last) P.O. BOX 900	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/14/2019					11035					
(Street) TALLAHASSEE, FL 32302			4. If Amendment 01/16/2019	, Date Orig	ginal	Filed(Month	/Day/Yea	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Т	able I - No	on-D	erivative S	Securiti	ies Acq	uired, Disposed of, or Beneficia	ired, Disposed of, or Beneficially Owned			
(Instr. 3)		Date (Month/Day/Year)		Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	d 5. Amount of Securities ) Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Beneficial Ownership		
				Code	v	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)		
Common Stock		01/14/2019		А		10,460 ( <u>1</u> )	А	\$ 0	131,655	D			
Common Stock		01/14/2019		А		3,582 (2)	А	\$ 0	135,237	D			
Common Stock									516	Ι	401(k)Plan		
Common Stock									28,906	Ι	Wife-Jane		
Common Stock									5,000	Ι	Trustee- Elizabeth		
Common Stock									4,500	Ι	Trustee- Rebecca		
Common Stock									4,000	Ι	Trustee- Anne		
Common Stock									2,000	I	Trustee- Ellen Mettler Moosehead Ranch Trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 Persons who respond to the collection of information
 SEC 1474 (9-02)

 contained in this form are not required to respond unless
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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(e.g., puts, cans, warrants, options, convertible securities)																	
1. Title of	2.	3. Transaction	3A. Deemed	4.	5	i.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature		
Derivative	Conversion	Date	Execution Date, if	Transactio	n N	Jumb	er	and Expiration Date		Amount of		Derivative	Derivative	Ownership	of Indirect		
Security	or Exercise	(Month/Day/Year)	any	Code	0	of		(Month/Day/Year)		(Month/Day/Year) Und		Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Γ	Deriva	ative			Securities		(Instr. 5)	Beneficially	Derivative	Ownership		
	Derivative					Securi				(Instr	. 3 and			2	(Instr. 4)		
	Security					Acqui				4)			0	Direct (D)			
						A) or							- <b>F</b>	or Indirect			
						Dispos							Transaction(s)	< / <			
						f(D)							(Instr. 4)	(Instr. 4)			
						Instr.	· · ·										
					4	, and	5)				-						
											Amount						
								Date	Expiration		or						
								Exercisable	1	Title	Number						
								Excicisable	Date		of						
				Code V	/ (	(A)	(D)				Shares						

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
BARRON THOMAS A P.O. BOX 900 TALLAHASSEE, FL 32302	Х		Treasurer					

## Signatures

/s/ Thomas A. Barron	02/07/2019
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares granted to the reporting person under the Registrant's Long-Term Incentive Plan(LTIP).
- (2) Shares granted to the reporting person under the Registrant's Stock-based Incentive Plan. Amended to include an additional 121 shares awarded due to recalculation of the award percentage on January 31, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.