FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person * KNOX RUTH A				CA	2. Issuer Name and Ticker or Trading Symbol CAPITAL CITY BANK GROUP INC [CCBG]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner Officer (give title below) Other (specify below)					
(Last) (First) (Middle) PRESIDENT OF WESLEYAN COLLEGE, 4760 FORSYTH ROAD					3. Date of Earliest Transaction (Month/Day/Year) 11/24/2003												
(Street) MACON, GA 31210				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person						
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqui						cquir	ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		Date	nsaction h/Day/Year)	Execu any	eemed tion Date, if h/Day/Year)	3. Transa Code (Instr. 8)	ction	4. Securi or Dispo (Instr. 3,	sed of 4 and (A) or	(D) 5)	Ben Rep		nount of Securities ficially Owned Following rted Transaction(s) . 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock		11/24	1/2003			P		186 (1)	· /	\$ 34.9		2 186			D		
Reminder:	Report on a s	separate line	for each	Table II -		ative Securi		Pe co the	rsons wl ntained i e form di	no res in this splays	form s a cu	are rren	not requ tly valid		ormation spond unle rol numbe	ss	1474 (9-02)
	1	Т			(e.g.,]	puts, calls, w		ption	ns, conver	tible s	ecuriti	ies)		1			
Security	2. Conversion or Exercise Price of Derivative Security	3. Transacti Date (Month/Day		any	ate, if	te, if Transaction Number a		an (N	nd Expiration Date Month/Day/Year) A U S		Amou Under Secur	. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form o Derivat Security Direct (or Indir	Beneficia Ownersh (Instr. 4)	
						Code V	(A) (D	Ex	ate xercisable	Expira Date	ation	Γitle	Amount or Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
KNOX RUTH A PRESIDENT OF WESLEYAN COLLEGE 4760 FORSYTH ROAD MACON, GA 31210	X					

Signatures

Ruth A. Knox	11/24/2003	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares of common stock were purchased under the Company's 1996 Director Stock Purchase Plan and were exempt from the short-swing profit liability provisions of Section 16 pursuant to Rule 16b-3(d) promulgated thereunder.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.