FORM 4

Check this box if no longer subject to

Section 16. Form 4 or Form 5 obligations

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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| OMB Number:             | 3235-0287 |
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| hours per response:     | 0.5       |

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the

purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 10b5-1(c). See Instri | uction 10.                               |       |   |          |   |                       |  |  |  |
|-----------------------|--|-------|---|----------|---|-----------------------|--|--|--|
|                       |  |       | 2. Issuer Name and Ticker or Trading Symbol  CAPITAL CITY BANK GROUP INC [ CCBG ] |          | Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner |                       |  |  |  |
| (Last)                | (First) (Middle) 02/28/2 HAMMOCK VIEW CT |       | 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2024                       | A        | Officer (give title below)  | Other (specify below) |  |  |  |
| (Street)              | MMOCK VIEW CI                            |       | 4. If Amendment, Date of Original Filed (Month/Day/Year)                          | 6. Indiv | idual or Joint/Group Filing (Che  | Person                |  |  |  |
| FORT MYERS            | FL                                       | 33905 |   |          | Form filed by More than One   | e Reporting Person    |  |  |  |
| (City)                | (State)                                  | (Zip) |   |          |   |                       |  |  |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>8) |   | 4. Securities Ad<br>Disposed Of (D |               |                   | 5. Amount of<br>Securities<br>Beneficially Owned<br>Following Reported | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | Beneficial<br>Ownership |
|---------------------------------|--|---|---|---|------------------------------------|---------------|-------------------|--|---|-------------------------|
|                                 |  |   | Code                                    | v | Amount                             | (A) or<br>(D) | Price             | Transaction(s)<br>(Instr. 3 and 4)                                     |   | (Instr. 4)              |
| Common Stock                    | 02/28/2024                                 |   | A                                       |   | 1,087(1)                           | A             | \$ <mark>0</mark> | 27,838   | D   |                         |
| Common Stock                    | 02/29/2024                                 |   | A                                       |   | 39(2)                              | A             | \$0               | 27,877   | D   |                         |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | <br>3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transac<br>Code (Ir<br>8) | str. | Derivative Expiration Date Securities (Month/Day/Year) |     | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security<br>(Instr. 3 and 4) |                    | Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported | Ownership<br>Form:<br>Direct (D) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |  |
|--|---|---|---------------------------------|------|--|-----|--|--------------------|--------------------------------------|--|----------------------------------|--|--|--|
|  |   |   | Code                            | v    | (A)  | (D) | Date<br>Exercisable  | Expiration<br>Date | Title                                | Amount<br>or<br>Number<br>of Shares  |                                  | Transaction(s)<br>(Instr. 4)                                       |  |  |

## Explanation of Responses:

- 1. Represents restricted shares granted to the reporting person under the Registrant's Associate Incentive Plan (AIP), which will vest on December 31, 2024, subject to the terms of the reporting person's Restricted Stock Award Agreement.
- 2. Shares purchased through Director Stock Purchase Plan (DSPP) that are exempt from the short-swing profit provisions of Section 16 of the Securities Exchange Act of 1934.

<u>/s/ John G. Sample, Jr.</u> 03/01/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.