FORM 4

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

| APPROVAL |  |
|----------|--|
|          |  |

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0.5

#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| affirmative defense<br>10b5-1(c). See Instr |               |          |  |           |  |                       |  |
|---|---------------|----------|--|-----------|--|-----------------------|--|
| 1. Name and Address SAMPLE JOH              |               |          | 2. Issuer Name <b>and</b> Ticker or Trading Symbol  CAPITAL CITY BANK GROUP INC [ CCBG ] |           | ationship of Reporting Person(s) to Issuer<br>k all applicable)  Director 10% Owner        |                       |  |
| (Last)                                      | (First)       | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year) 05/03/2024                              |           | Director Officer (give title below)  | Other (specify below) |  |
| 3431 CEDAR HA                               | MMOCK VIEW CT | <u> </u> | 4. If Amendment, Date of Original Filed (Month/Day/Year)                                 | 6. Indivi | dividual or Joint/Group Filing (Check Applicable Line)  Form filed by One Reporting Person |                       |  |
| (Street) FORT MYERS                         | FL            | 33905    |  |           | Form filed by More than Or   | -                     |  |
| (City)                                      | (State)       | (Zip)    |  |           |  |                       |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed 3. Transac<br>Execution Date, if any (Month/Day/Year) 8) |      |   | 4. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 and 5) |               |       | Securities<br>Beneficially Owned<br>Following Reported | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | Beneficial<br>Ownership |  |
|---------------------------------|--|---|------|---|--|---------------|-------|--|---|-------------------------|--|
|                                 |  |   | Code | v | Amount   | (A) or<br>(D) | Price | Transaction(s)<br>(Instr. 3 and 4)                     |   | (Instr. 4)              |  |
| Common Stock                    | 05/03/2024                                 |   | A    |   | 524(1)   | A             | \$0   | 28,479   | D   |                         |  |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | Conversion | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr. |   | 5. Number of<br>Derivative<br>Securities<br>Acquired (A)<br>or Disposed of<br>(D) (Instr. 3, 4<br>and 5) |     | Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security<br>(Instr. 3 and 4) |                                     | Derivative<br>Security<br>(Instr. 5) | derivative<br>Securities<br>Beneficially | Ownership Form: | Beneficial<br>Ownership |  |
|--|------------|--|---|-----------------------------------|---|--|-----|-------------------------------------|--------------------|--|-------------------------------------|--------------------------------------|--|-----------------|-------------------------|--|
|  |            |  |   | Code                              | v | (A)  | (D) | Date<br>Exercisable                 | Expiration<br>Date | Title  | Amount<br>or<br>Number<br>of Shares |                                      | Transaction(s)<br>(Instr. 4)             |                 |                         |  |

#### **Explanation of Responses:**

1. Shares purchased through Director Stock Purchase Plan (DSPP) that are exempt from the short-swing profit provisions of Section 16 of the Securities Exchange Act of 1934.

/s/ John G. Sample, Jr.

05/06/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.